



Wales Coast Path Media Pack

Introduction

Welcome to the Wales Coast Path – the longest continuous coastal path around a country. The following pages will enable you to wind your way through 870 miles of stunning coastal landscape - from the outskirts of Chester in the north to Chepstow in the south east.

Your exploration will take you from the mouth of the River Dee, along the north Wales coast with its seaside towns, over the Menai Strait onto the Isle of Anglesey, from the Llŷn Peninsula down the majestic sweep of Cardigan Bay, through Britain's only coastal National Park in Pembrokeshire, along miles of golden sand, via Gower with its stunning scenery, along the waterfront of Cardiff Bay and Cardiff, the capital city of Wales, to the market town of Chepstow.

In this media pack you will find:

- **About the Wales Coast Path** – information on the path's history, the partners and general information.
- **Walking the Path** – recommendations on great walks along the Wales Coast Path.

Contacts

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About the Wales Coast Path

General information

The Wales Coast Path travels the length of the Welsh coastline. You will encounter new stretches as well as established routes, for example, the Isle of Anglesey Coastal Path and the Pembrokeshire Coast Path National Trail. To help you find your way, we have created a distinctive waymarker (see top right of this page). These can be seen along the whole of the Wales Coast Path and will, at times, sit alongside other route waymarkers. Keep this in sight and you shouldn't stray far from the path.

Discovering more

The [Wales Coast Path](#) website is a useful source of information to help you discover how to get to the Path, ideas for great walks as well as offering suggestions for other things to do and see along the way.

There is also a range of leaflets available in Tourist Information Centres and other selected outlets in Wales. These outline some recommended walks and highlights that can be found in each of the eight regions.

Alternatively, link up with us on social networking sites for news and stories from the Welsh coast.

- [Facebook](#)
- [Twitter](#)
- [Google +](#)
- [Pinterest](#)

History of development

Since 2007 the Welsh Government has invested in improving public access to the Welsh coast through its Coastal Access Improvement Programme (CAIP). The 870 miles of coast path links with Offa's Dyke Path National Trail to create a 1030 mile continuous walking route around the whole of Wales.

The Wales Coast Path has been developed by the Welsh Government in partnership with Natural Resources Wales (formerly Countryside Council for Wales), sixteen local authorities and two National Parks. In addition to funding from the Welsh Government and the coastal local authorities of approximately £2 million per year, the European Regional Development Fund has allocated nearly £4 million over four years in support of the project. Improvements to the quality and alignment of the route will continue during 2012 and 2013 to ensure that the path follows the Welsh coastline as close as it is safe and practical. Over time, the Wales Coast Path is expected to lead to the creation of circular coastal routes as links to the inland towns and villages are improved.



The idea was developed out of a desire to build on the economic success of the Pembrokeshire Coast Path National Trail and the Isle of Anglesey Coastal Path – both of which are major contributors to the visitor economy of Wales. While the coast path is important for the Welsh economy, it is also seen as an important initiative in encouraging both locals and visitors to discover and enjoy Wales' outdoor spaces and the health and welfare benefits it can provide.

Official Wales Coast Path partners are:

- Welsh Government
- European Regional Development Fund
- Natural Resources Wales
- Flintshire County Council
- Denbighshire County Council
- Conwy County Borough Council
- Isle of Anglesey County Council
- Gwynedd Council
- Snowdonia National Park Authority
- Powys County Council
- Ceredigion County Council
- Pembrokeshire County Council
- Pembrokeshire Coast National Park Authority
- Carmarthenshire County Council
- City & County of Swansea
- Neath Port Talbot County Borough Council
- Bridgend County Borough Council
- Vale of Glamorgan Council
- Cardiff Council
- Newport City Council
- Monmouthshire County Council

Thank you to all the teams involved with the delivery of this project on the ground and for the ongoing support from all the partners.

A very grateful acknowledgement is also given to all the landowners and volunteers along the Wales Coast Path for their support of this project. The Wales Coast Path would not have been possible without their involvement.

Walking Festivals

- Anglesey Walking Festival: www.angleseywalkingfestival.com
- Conwy Walking Week: www.conwy.gov.uk/section.asp?cat=2427
- Prestatyn Walking Festival: prestatynwalkingfestival.co.uk/
- Barmouth Festival of Walking: www.barmouthwalkingfestival.co.uk
- Llanelli Festival of Walks: www.llanelliramblers.org.uk
- Gower Walking Festival: www.mumblesinfo.org.uk/gowerwalkingfestival
- Monmouthshire Walking Festival: www.walkinginmonmouthshire.org/





Walking the Path

Here you will find information on some of the best walks - both short and long - to be found along the Wales Coast Path along with some of the highlights that can be enjoyed along the way. These walks have all been selected to show just what Wales has to offer in both natural and built heritage.

North Wales Coast & Dee Estuary
Menai, Llŷn & Meirionnydd
Pembrokeshire
Gower & Swansea Bay

Isle of Anglesey
Ceredigion
Carmarthenshire
South Wales Coast & Severn Estuary

Please note that distances are one way unless otherwise specified. Where public transport is shown, this means that the start and finish points are linked (timetable dependent). We recommend the use of www.traveline-cymru.info to plan your journey.

North Wales Coast & Dee Estuary

The north Wales coast is a mixture of wonderful sandy beaches and family friendly towns and villages. There's some 60 miles of sea views from the North Wales path and, at Prestatyn, the Wales Coast Path joins Offa's Dyke Path, Britain's longest ancient monument and a National Trail.

Great Orme Summit Trails

various distances

Scenic summit trails take in wonderful views over the elegant town of Llandudno and across to the Menai Strait and Anglesey. The paths are steep in places so if you want the view without the walk, you can reach the top by tram or cable car. The wide range of flowers on the Great Orme provides food for the clouds of butterflies that are seen in summer – and look out for the resident goats.

Conwy Mountain

various distances

Conwy Mountain, on the Coast Path's inland option, stands proud to the west of Conwy and is served by a good network of paths which you can explore at your leisure. In summer the hill turns purple with bell heather. The summit has fine views and is the site of an Iron Age hill fort.

Talacre Beach to Prestatyn (via Gronant Dunes)

4.5 miles / 7 km

Explore this beautiful section of the coast which takes in the Point of Ayr lighthouse. You will travel along the popular Talacre Beach and through a rich dune habitat before arriving at Prestatyn with its wonderful beaches and traditional seaside delights. (Bus)





Rhyl to Pensarn Beach

5 miles / 8 km

Enjoy the fun filled seaside town of Rhyl with its seemingly endless sands before continuing along the coast to Pensarn, near Abergele. You'll travel through Kinmel Bay which is a popular spot for water-sports enthusiasts. (Train or Bus)

Colwyn Bay to Llandudno via Little Orme

5.5 miles / 9 km

A lively and popular sea-front walk with great wildlife spotting opportunities at the Little Orme. Continue on towards Llandudno and discover the charms of this well preserved Victorian seaside holiday resort. (Train or Bus)

Flint Castle to Basingwerk Abbey (Dee Estuary)

6 miles / 10 km

A magnificent walk along the Dee Estuary between the 13th century Flint Castle, the first to be built when King Edward I invaded Wales, and the 12th century Basingwerk Abbey (which lies approximately half a mile inland from the Coast Path at Greenfield). (Bus)

Highlights:

The Dee Estuary: Discover the wonderful habitat of the Dee Estuary; this important wetland is also great for bird spotting.

Conwy Castle & Town: Constructed by the English monarch Edward I, the famous castle and walled town is a World Heritage Site; it is considered by many to be his most magnificent work.

Offa's Dyke Path National Trail: From Prestatyn, take a short cut to Chepstow on this 177 mile long trail. In places, the route follows Offa's Dyke - an ancient earthworks constructed along the border in the 8th century.

North Wales Resorts: Bring a bucket & spade for a traditional seaside experience in family friendly resorts, with great access for pushchair and wheelchair users.

Isle of Anglesey

The Isle of Anglesey (Ynys Môn) is waiting for you to discover its riches. World class geology and picturesque beaches are found along this glorious coastline. The island is linked to the mainland by the stunning Menai Suspension Bridge built in 1826 by Thomas Telford.

Aberffraw village, estuary, beach and dunes

Circular 2.5 miles / 3.75 km

A short walk which takes in the village of Aberffraw, the pretty Ffraw estuary and the beach before returning via the dunes.



Holyhead to South Stack

2.75 miles / 4.25 km

A moderately challenging walk starting in the Breakwater Country Park in Holyhead. The route heads over the mountain and Coast Path to the iconic South Stack. It is possible to return via well-defined paths around the other side of the mountain and back to the park.

Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogoch to Menai Bridge 3 miles / 5 km

Use this lovely walk with great views across to the mainland as an opportunity to learn how to say the name of this world-famous village! The walk passes under both bridges to the island - Stephenson's 1850 Britannia Bridge and Telford's 1826 Menai Suspension Bridge. (Bus)

Beaumaris to Penmon Point

4.5 miles / 7.25 km

Enjoy a wander around Beaumaris with its rich Georgian architecture before heading along the coast where you'll enjoy superb views of the Carneddau Mountains across the Menai Strait. At Penmon Point you'll see Puffin Island, a protected habitat because of its large cormorant population (but no puffins!)

Moelfre to Dulas (Pilot Boat)

4.5 miles / 7.25 km

This walk, with fantastic coastal views throughout, runs from the picture-postcard village of Moelfre to the popular beach of Traeth Lligwy and the little visited beach of Traeth yr Ora, before heading inland along the Dulas estuary to the Pilot Boat pub. The Path passes by the memorial to those lost in the 1859 Royal Charter and 1959 Hindlea shipwreck disasters. (Bus)

Amlwch Port to Cemaes

8.25 miles / 13.25 km

From the historic and picturesque Amlwch Port the path leads to low rocky cliffs and the spectacular bays of Porth Llechog (Bull Bay) and Porthwen before passing the remote Llanbadrig church and entering the coastal village of Cemaes. (Bus from Amlwch town centre to Cemaes, not Sundays)

Highlights:

Beaumaris Castle: Considered by many as the most technically perfect castle in Britain, this was another in Edward I's massive building programme.

Carmel Head: With views out to the Skerries islands and beyond, this beautiful and remote spot is an important geological location.

South Stack Lighthouse: Discover the impressive history of this important part of Wales' maritime heritage. The cliffs offer great seabird sightings.

Llanddwyn Island & Newborough Warren: Explore this beautiful location and, at low tide, visit the island to discover the story behind Wales' patron saint of love.



Menai, Llŷn & Meirionnydd

With the Snowdonia National Park providing a mighty natural backdrop, it is easy to understand why this area is so loved. There is some great walking to be had where you'll find small fishing villages, estuaries and miles of sandy beaches. This is an under-explored wonderland.

Nefyn to Porth Dinllaen

2.75 miles / 4.5 km

From the rocky promontory of Porth Dinllaen you can admire views to the east and west along the Llŷn Peninsula's northern coast. You have a good chance of seeing seals close to shore.

Barmouth to Fairbourne

3.75 miles / 6 km

With spectacular views up the Mawddach Estuary with Cadair Idris looming in the distance, this is an unchallenging walk over the estuary. It is possible to catch the train back for an even more leisurely outing. (Train)

Criccieth to Porthmadog

6.5 miles / 10.5 km

Begin your walk in Criccieth where you can explore the wonderful castle before heading south along this glorious coastline to Porthmadog. Along the way, you'll find the famous and picturesque Black Rock Sands. (Train or Bus)

Porth Oer (Whistling Sands) to Aberdaron

9.25 miles / 15 km

As you walk toward Aberdaron you will see Bardsey Island, once a destination for pilgrims (according to legend three visits to Bardsey was equivalent to one visit to Rome). As covered on the BBC programme, Coast, the sands at Porth Oer often 'whistle' when you walk on them!

Aberdovey to Machynlleth

11 miles / 17 km

Here the Path takes an inland detour along the River Dovey to the nearest crossing point at Machynlleth. The spectacular mountain scenery makes an interesting contrast to the coast. (Train or Bus)

Morfa Harlech and Morfa Dyffryn (Harlech – Talybont)

12 miles / 19 km

These two stunning beaches offer miles of walking opportunities, with plenty of chances for refreshments along the way! You can shorten this walk in several places by catching the Cambrian Coast Railway, which has stations at frequent intervals. (Train or Bus)

Highlights:

Caernarfon, Criccieth and Harlech Castles: These spectacularly sited castles were part of Edward I's 13th century campaign to conquer North Wales.



Llŷn Peninsula: An Area of Outstanding Natural Beauty, this is a stunning yet underexplored landscape.

Portmeirion: An unusual Mediterranean inspired village, designed by Sir Clough Williams-Ellis, famously used as a location for the 60s cult series, The Prisoner.

Mawddach Estuary: A beautiful almost dreamlike estuary with magnificent views towards Cadair Idris.

Ceredigion

From the dunes of Ynyslas in the north to the historic market town of Cardigan in the south, the majestic sweep of Cardigan Bay affords the walker glimpses of dolphins and porpoise, seals and a host of marine birds. Explore the Ceredigion Heritage Coast with its picturesque seaside towns and villages and stunning beaches.

Aberporth 0.6 miles each way / 1 km

A section of path specifically designed for wheelchairs along the eastern end of Aberporth Bay with spectacular cliff top views of the Ceredigion coastline. Aberporth is also a great place for dolphin spotting. (Bus)

Cwmtedu to Llangrannog 4.75 miles / 7.5 km

Arguably the most spectacular part of the Ceredigion Coast Path, this section is Heritage Coast and includes the iconic Ynys Lochtyn. Llangrannog's lovely beach is home to Carreg Bica – a rock which, legend has it, used to be a giant's tooth. (Bus – certain days only)

Aberporth to Mwnt 5 miles / 8.25 km

A remote section of Coast Path positioned along the tops of cliffs and coastal slopes and below the fringe of agricultural land. The tranquility and isolation of this section induces a feeling of separation from the pace of modern life. (Bus – certain days only)

Borth to Aberystwyth 6 miles / 9.5 km

This is an interesting and challenging section of Heritage Coast with several big climbs. The walk links up the railway stations so that you can let the train take the strain on your return leg. (Train or Bus)

Aberaeron to New Quay 6.25 miles / 10 km

This walk, between two of Ceredigion's main coastal towns, offers spectacular cliff top views. Aberaeron is regarded as one of the most attractive towns in Wales with a square of elegant Regency-style buildings. At New Quay, the preferred route is along the beach, but at high tide you may have to follow the road. (Bus)



Aberystwyth to Llanrhystud

10.5 miles / 17 km

With no settlements between these locations and with few feeder paths, this is one of the least walked sections of the Ceredigion Coast Path. Despite its challenges, it is rewarding. (Bus)

Highlights:

Constitution Hill and the Aberystwyth Cliff Railway: Walk or take the funicular railway to the top of Constitution Hill where you'll find spectacular views, a café and the world's largest camera obscura.

Ynys Lochtyn: The island itself is difficult to reach but its beauty and setting is best appreciated from the Coast Path.

Mwnt Church & Beach: Seek out the iconic, medieval Church of the Holy Cross and nearby picturesque beach.

Dolphin spotting: Enjoy great sightings of bottlenose dolphins along the coast either from the coast path or on dedicated boat trips.

Pembrokeshire

Pembrokeshire is home to the gorgeous Pembrokeshire Coast National Park and wildlife rich islands. The Pembrokeshire Coast Path National Trail passes through some of Britain's most spectacular and breathtaking scenery, including 58 beaches and 14 harbours and the UK's smallest city - St Davids.

Newport

various

Explore the lovely, mediaeval town of Newport. Set on the Nevern Estuary, with some excellent wheelchair accessible stretches, you can take a gentle stroll and enjoy some wildlife watching along the way. (Bus)

Ceibwr to Pwll y Wrach

under 1 mile

Ceibwr Bay was once a busy port serving Moylegrove. Pwll y Wrach – the Witches' Cauldron – is one of the most striking geological features on this stretch of coast – a collapsed cave, formed where the sea has picked out soft, crumbling shale and sandstone along a fault line.

Martin's Haven to Marloes

2 miles / 3.5 km

Explore the Deer Park with its views across Jack Sound to Skomer Island and continue along this dramatic stretch of coast. Sit and watch the waters in the Jack Sound race by and look out for gannets and porpoise. In September and October, this is a great place for spotting seal pups on the beaches below (but remember that these are high cliffs so caution is always advised). A small extension to this walk will take you to the strikingly beautiful Marloes beach.





Tenby

4.6 miles / 7 km

Take in this bustling, pretty seaside town and its nearby countryside. There are great views out to Caldey Island, home to a religious community since the sixth century. You can take boat trips from Tenby to explore the island. (Bus & Train)

Broad Haven South to Skrinkle Haven

11 miles / 18 km

This stunning walk typifies why this coastline is worthy of National Park status. It contains the National Trust's Barafundle beach (voted one of the top ten beaches in the world) and the Lily Ponds at Bosherton. (Bus)

Whitesands to Solva

13 miles / 21 km

From the golden sands of Whitesands Bay this walk passes close to St Davids – Britain's smallest city – and ends in the pretty harbour village of Solva. Porpoise can be seen in the waters between the mainland and Ramsey Island so it's worth stopping for a break along this stretch. (Bus)

Highlights:

Offshore islands: Internationally-famed island wildlife reserves and religious retreat can be discovered here. Puffins and shearwaters are common summer sightings.

St David's Head: Stunning views and a profusion of wildflowers through spring and summer make this an idyllic spot to explore.

St Govan's Chapel: Visit the tiny chapel built into the cliffs at Bosherton.

Rockpooling: See the weird and the wonderful in rockpool rambles on this protected coastline (which includes Wales' only Marine Nature Reserve).

Carmarthenshire

Carmarthen Bay is a coastline of great contrasts and takes in a range of habitats including fresh water marshes, salt marshes, sand dunes, pine forests and coastal commons all supporting a spectacular array of flora and fauna. Set within the bay is Pembrey Country Park – 500 acres of landscaped woods and parkland leading down to the little harbour of Burry Port.

Llansteffan

1.5 miles / 2.5 km

This walk offers superb views across Carmarthen Bay and beyond. The path skirts the top of wooded and scrub-covered cliffs. Carmarthen Bay is an important overwintering ground for seabirds and for this reason was designated as the first marine Special Protection Area in the UK.



Laugharne (Dylan Thomas Boathouse to Salt House Farm)

1.75 miles / 2.75 km

Take time exploring the village of Laugharne before a steep climb up Sir John's Hill for great views. Along the way you will find the castle and the world famous Boathouse where the poet Dylan Thomas lived and found inspiration.

Burry Port to Llanelli

4.25 miles / 6.75 km

The coastline along the northern shore of the Loughor Estuary has been transformed into a unique array of tourist attractions, wildlife habitats and leisure facilities. Known as the Millennium Coastal Park, the route is also bike and wheelchair friendly. Take time to relax in the lovely Pembrey Country Park and visit Cefn Sidan beach. (Train & Bus)

Ferryside to Kidwelly

5.25 miles / 8.5 km

This section of the Path crosses pleasant countryside, away from the coast, but it includes magnificent views across three river estuaries and over to the Gower Peninsula. Kidwelly's main attraction is the imposing medieval castle. (Train & Bus)

Amroth to Pendine

5.5 miles / 9 km

The little known gem of the Carmarthenshire coast, with a landscape of spectacular cliffs and beaches reminiscent of neighbouring Pembrokeshire. Pendine Sands has a thrilling history of land speed trials. (Bus)

Kidwelly to Burry Port

9.25 miles / 14.75 km

A walk through Pembrey Forest, a nature reserve managed by the Natural Resources Wales. Planted on sand dunes, it is mostly a Corsican pine forest, but with deciduous trees growing in parts. (Train & Bus)

Highlights:

Laugharne, Llansteffan & Kidwelly Castles: Three romantic ruins within spectacular settings with views over Carmarthen Bay and estuaries.

Dylan Thomas Boathouse, Laugharne: Explore the home of this famous Welsh son. A stunning setting where he found great inspiration.

Millennium Coastal Park: A dedicated walk and cycle way along the Loughor estuary, with a visitor centre in Llanelli.

National Wetlands Centre: Cycle, walk or even canoe around the Wetlands and Wildfowl Trust's centre near Llanelli for some amazing wildlife sightings.



Gower & Swansea Bay

This stretch of the Path is an area of contrast - from the busy seaside city of Swansea to the stunning coastline of the Gower Peninsula with its award winning golden beaches. The area is home to 10 nature reserves, 24 Wildlife Trust reserves, 32 Sites of Special Scientific Interest and five Special Areas of Conservation.

Port Eynon to Oxwich

4.5 miles / 7.25 km

This path will take you through woodland and across open cliffs with the 16th Century Oxwich Castle and 13th Century St Illtyd's Church as highlights along the way. (Bus)

Oxwich to Pennard Cliffs

5.25 miles / 8.25 km

A relatively easy walk with open stretches of sandy beaches and great views of Three Cliffs Bay, a spot noted for its beauty. There are a few rock scrambles if you wish to take them. (Bus)

Mumbles to Swansea

5.75 miles / 9.25 km

In Mumbles, reward yourself with an ice cream while you explore the area. If the lifeboat station is open it is worth popping in to find out more about the vital and heroic role the RNLI has played in saving lives at sea here and throughout the country. Walk to the city along Swansea's famous promenade (site of the world's first passenger railway) with views across the bay back to Mumbles Head. (Bus)

Llanmadoc to Rhossili

6.75 miles / 10.75 km

A walk along the western end of Gower passing Broughton Bay, Burry Holms island and taking in the length of Rhossili Bay. Tides permitting, there is an option to extend the walk to Worm's Head. (Bus - Sundays only)

Baglan to Margam Country Park

7 miles / 11 km

To enjoy the best views of the coast, the upland route takes you along historic sea cliffs which overlook Port Talbot. This walk offers great views of the Bristol Channel with a superb opportunity to view how industry sits within this coastal setting. Explore interesting relics along the way including the ruins of the Chapel of Mary. (Bus & Train)

Rhossili to Port Eynon

7.5 miles / 11.75 km

This path follows a stretch of coast rich in wildlife with a spectacular and varied landscape. It passes through National Trust land, much of which is remote, rugged and wild. Port Eynon Bay was voted best British beach in 2011. (Bus)

Highlights:

Gower Area of Outstanding Natural Beauty: The UK's first designated AONB, Gower is a popular location with both visitors and locals alike.



Whiteford Point Lighthouse: Built in 1865, it is one of only two remaining cast-iron, wave-washed lighthouses in the world and the only one in the UK.

Worm's Head: Named for its resemblance to a resting dragon, Worm's Head is an iconic location, best viewed from Rhossili Bay.

Aberavon Beach: The seafront has two miles of flat promenade, a wide sandy beach and fantastic views across Swansea Bay to the Gower Peninsula. Aberavon beach is an ideal spot for watching sunsets.

South Wales Coast & Severn Estuary

This southerly coastline takes in city landscapes, village life and magnificent views of the Severn estuary (the estuary has the second highest tidal range in the world at 49 feet and is home to the Severn bore). Share your walk with the numerous wildfowl and waders that can be spotted along the way, particularly in the winter when numbers can reach 100,000.

Caldicot to Sudbrook and Blackrock 3 miles / 5 km

Enjoy some fantastic views over the Severn Estuary while exploring this section of the coast. Blackrock is the site of the old crossing point to England and, as well as a great view point, is a lovely spot for a picnic. (Bus from Sudbrook - Caldicot)

Kenfig Visitor Centre to Porthcawl 4.5 miles / 7 km

Kenfig National Nature Reserve is home to wild orchids, insects and other wildlife and is a great start to this enjoyable walk which takes in some of the best surfing and watersports beaches in Wales. On the way, you will pass near the historic and, some say, haunted Sker house, used as the basis of R D Blackmore's novel, The Maid of Sker. (Bus)

Ogmore by Sea to Nash Point 6.2 miles / 10 km

This walk follows the Glamorgan Heritage Coast towards Nash Point. Explore this spectacular and dramatic coastline (and call into the visitor centre at Dunraven Bay to find out more). You'll discover some stunning beaches along the way.

Cardiff Bay Trail 6.2 miles / 10 km

Enjoy Cardiff's rich heritage; the legacy of buoyant and successful docks. See historic landmarks, on this circular walk around the Bay, like the Norwegian Church (where Roald Dahl was christened) and iconic buildings such as the world renowned Wales Millennium Centre.

Porthcawl to Ogmore Castle 7 miles / 11 km

A lovely walk which includes Traeth yr Afon beach and the National Nature Reserve at Merthyr Mawr. There is also a castle at Ogmore. (Bus)



Gwent Levels Circular Walk from Newport Wetlands

7.5 miles / 12 km

An exhilarating, mostly level walk on hard surface paths around Newport Wetlands Reserve, a nationally important haven for wildlife and a National Nature Reserve.

Highlights:

Glamorgan Heritage Coast: This dramatic coastline, which lies between Porthcawl and Gileston beach, gained Heritage Coast status in 1972 and offers soaring cliffs, golden beaches and romantic coves.

Cardiff Bay: Explore the vibrant cultural heart of Wales' capital city; it's right on the Path!

Newport Wetlands and Severn Estuary: An important habitat for overwintering birds offering superb encounters with regular and surprise visitors to our shores.

Chepstow Castle: The beautifully preserved castle can be found in the border town of Chepstow (home also to the start of Offa's Dyke Path National Trail).