



## Cardiff Bay

*"This easily accessible walk takes you right out onto the Barrage. You'll see various boats leaving or entering the Bay via the lock gates. The fabulous views from the Barrage stretch out towards the islands of Flatholm and Steepholm."*

ALISON ROBERTS, WALES COAST PATH OFFICER

### Start and Finish:

Welsh Assembly Senedd Building to Cardiff Barrage

**Distance:** 2 km / 1 mile. Extended walk: From Cardiff Barrage to Penarth town is 2km / 1 miles

### Information:

Starting out from the iconic Welsh Assembly's Senedd building, the Wales Coast Path winds along the waterfront on its way towards the sea. You'll pass the white-painted Norwegian Church where Cardiff-born writer Roald Dahl was christened. Younger visitors can burn off excess energy with the playground, skate park and an outdoor gym along the way. Near the famous Roald Dahl crocodile bench look out for the Wales Coast path panel to experience Augmented Reality using your mobile device (phone or tablet.) Discover what 1920's life was like in Cardiff Bay, one of the largest dock systems in the world at that time. When you reach the other side of the Barrage either return on the same path or

to go further head towards Penarth town centre and towards the picturesque Victorian pier and pebble beach for a well-deserved ice-cream. Either return by foot or public transport.

### Along the way...

This walk takes you through Cardiff's historic docks with fun things for the younger visitors like Techniquest (Welsh science and discovery centre) and fun outdoor places to play.

### Plan your visit:

**CARDIFF BAY BARRAGE:** [visitcardiff.com/attractions/cardiff-bay-barrage](http://visitcardiff.com/attractions/cardiff-bay-barrage)

**SENEDD BUILDING:** [assembly.wales/en/visiting/senedd/Pages/sen-visiting.aspx](http://assembly.wales/en/visiting/senedd/Pages/sen-visiting.aspx)

**NORWEGIAN CHURCH:** [norwegianchurchcardiff.com](http://norwegianchurchcardiff.com)

**PENARTH TOWN:** [visitthevale.com/en/Destinations/Penarth.aspx](http://visitthevale.com/en/Destinations/Penarth.aspx)

**NEXT BIKE:** [nextbike.co.uk/en/cardiff/](http://nextbike.co.uk/en/cardiff/)

**PUBLIC TRANSPORT:** [traveline.cymru](http://traveline.cymru)

**TOURISM WEBSITE:** [visitcardiff.com](http://visitcardiff.com)

### Before you leave:

Download the Wales Coast Path app at home to experience the area in Augmented Reality.

